



**SCHOOL
FRIEND**

social project

WHAT DOES SCHOOL FRIEND DO?

The School Friend project is aimed at helping children and adolescents who are experiencing hardships adapt and learn how to interact with others.

We create an environment in which every child receives the attention they deserve, giving them the opportunity to study the school curriculum at their own pace and helping them pass their exams and choose a profession that suits them. We also encourage the children to find new hobbies and work to make sure they overcome any fears when it comes to communicating with other people.

Classes are led by volunteers, activists, students, university teachers, foundations and organizations.



36 000

pupils of specialized educational institutions



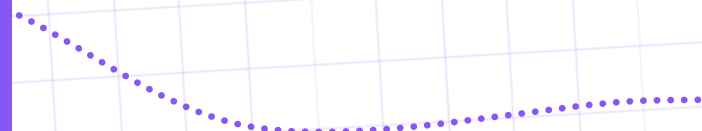
lessons take place online and face-to-face




the project was launched in January 2021



it is developed and run by the Roscongress Foundation



MISSION OF THE SCHOOL FRIEND PROJECT



**– TO CREATE ADDITIONAL
OPPORTUNITIES FOR CHILDREN
AND ADOLESCENTS AND HELP
THEM DECIDE WHAT THEY WANT
TO DO IN THE FUTURE THROUGH
SOCIO-CULTURAL EDUCATION**

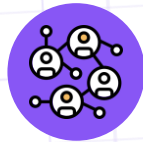
PROJECT OBJECTIVES



To create additional opportunities for children and adolescents to successfully complete their school education



To help school graduates prepare for their final exams, as well as for university and college entrance exams



To help adolescents adapt to life in the real world and teach them social responsibility and commitment to the community

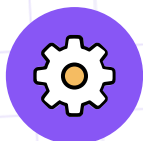


To make students take responsibility for helping to prevent deviant behavior and juvenile delinquency

PROJECT OBJECTIVES



To help students decide on their future career paths



To develop internship programmes and organize summer work placements for adolescents

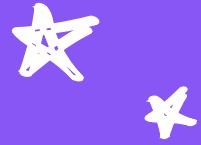


To provides assistance to foreign schoolchildren and students who would like to learn about Russian culture and history and start learning Russian



To enable foreign schoolchildren and students to study and work in Russia in the future

AREAS OF WORK



main area



- 1 GENERAL BASIC EDUCATION
- 2 PROFESSIONAL AND PSYCHOLOGICAL EDUCATION
- 3 TUTORING (mentoring)
- 4 CULTURAL EDUCATION AND LEISURE TIME
- 5 VOCATIONAL TRAINING

GENERAL EDUCATION BLOCK

This is the main area of work
of School Friend

FOR PUPILS

- ✧ Classes in subjects on the school curriculum
- ✧ Individual training programmes based on the student's level, timeframe and goals
- ✧ Exam preparation for pupils in grades 4, 9 and 11
- ✧ Help in mastering individual subjects and improving overall academic performance
- ✧ Additional courses in Spanish, Chinese, Korean and Japanese available

English, French, German, biology, geography, computer science, history, literature, mathematics, world art culture, life sciences, social studies, the world around us, law, Russian, physics, financial literacy, etc.

FOR VOLUNTEER TUTORS

- ✧ Teacher training

PROFESSIONAL AND PSYCHOLOGICAL BLOCK

Help adolescents decide on a career



FOR PUPILS

- ✧ Career advice and assistance
- ✧ Lectures and practical lessons on various professions
- ✧ Psychological support, help coping with conflicts and stress, both during exams and in everyday life

FOR PARENTS AND EDUCATORS

- ✧ Recommendations for different behaviors, advice and instructions on how to overcome and prevent “dangerous” situations
- ✧ Help in developing a rapport with teenagers

TUTOR BLOCK

Lectures and hands-on activities
to help develop independence
and useful life skills

MY INCOME

Fundamentals
of Financial Literacy:

- ✧ Personal finance, how to plan and allocate resources
- ✧ Financial security: how not to fall victim to fraud
- ✧ Fundamentals of investing
- ✧ Loans and microloans

Block launched in March
2023 at the Paper Bird Charitable
Foundation for Children and
Adults Hospice

TIME AS A RESOURCE

Time management and
fundamentals of social design:

- ✧ Time Resource Management Techniques
- ✧ Planning
- ✧ Goal setting

SOCIAL ETIQUETTE

Developing communication skills:

- ✧ Basics of business communication
- ✧ Simulation of everyday situations and conflict resolution
- ✧ Basic rules of etiquette in dealing with the opposite sex
- ✧ Dress code rules

TUTOR BLOCK

Lectures and hands-on activities to help develop independence and useful life skills

A pilot program with a group of students with disabilities is planned

PUBLIC SPEAKING AND CREATIVE DEVELOPMENT

A series of training seminars to help gain self-confidence:

- ✧ Developing the pupil's imagination
- ✧ Letting go of internal and external sources of stress
- ✧ Overcoming one's fear of public speaking
- ✧ Developing emotional intelligence
- ✧ Improving communication and interaction with peers and adults

GETTING STARTED

Individual and group consultations on the choice of the next educational institution:

- ✧ Determining the student's professional preferences
- ✧ Studying the main opportunities in the region where the pupil lives
- ✧ Personal development and career planning map
- ✧ Full support in preparing and submitting applications
- ✧ Information assistance at all stages

CULTURAL EDUCATION AND LEISURE TIME BLOCK



Expansion of horizons and socio-cultural education

SPORTS AND LEISURE ACTIVITIES

Morning get-togethers,
parties, health days.

LANGUAGES OF THE WORLD

English, Spanish, Chinese,
Korean, German, French and
Japanese from beginner's level.

GEOGRAPHY OF RUSSIA

Lectures and creative assignments to
explore the nature, history and culture
of Russia. Students will learn about
the unique history of the regions, their
attractiveness for tourists, the values
of indigenous peoples and the
development of the territories.

VOCATIONAL TRAINING BLOCK

Training and internships for professions in the service sector that do not require special qualifications

Launch scheduled
for September 2023

BARISTA SCHOOL

Theory: basic rules of service in the field of catering.
Work experience at partner organizations that could lead to future employment.

Duration of the program –
1.5 months

SEWING SCHOOL

The basics of sewing machines, pattern construction, making products from design sketches, practical lessons in creating your own design.

Duration of the program – 1.5 months

IN THE 2+ YEARS OF THE PROJECT'S EXISTENCE, WE HAVE

Conducted

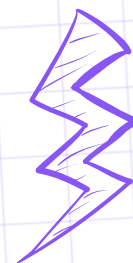
3700+

classes (5500+ hours)

Recruited

300+

volunteers



Helped

530+

students improve their grades
and successfully pass their
final exams



Worked in

51

regions of Russia, as well as
in South Korea and Belarus

CALENDAR OF EVENTS



Work on
the main areas



Getting the
project up and
running

AUG

Information
campaign,
collection of
applications

SEP

Review of applications,
training of volunteers,
formation of training
groups and class schedule

OCT

Project
launch

NOV

Collecting
additional
applications

DEC

Midterm
exams

JAN

Collection
of additional
applications

FEB

MAR

Midterm exams, close
of applications for the
current academic year

APR

MAY

JUN

Individual consultations
during the exams, results
of the school year

JUL

Summer programmes
for children with
disabilities, adjustment
of training courses

OUR VALUES



OPENNESS

We are happy to share knowledge and build a community of adults who care. We talk openly about our successes and the School Friend team.

SAFETY

School Friend is a true friend – someone you can rely on and someone with whom it's OK to make mistakes. Everything with us is clear, visual and we are always open to dialogue.

SIMPLICITY

We stand for transparency. We follow this principle and are always ready to tell you about how our project works.

AIMING FOR MAXIMUM RESULTS

We are constantly evolving and striving to help every project participant reach their goals.

HOW TO GET ASSISTANCE?

- 1 Fill out the registration form on the project's VK group page:

vk.com/schoolfriend_roscongress

- 2 Wait for feedback from the supervisor and discuss the details
- 3 Submit documents signed by the child's legal representative (confirmation of eligibility, consent to the processing of personal data, application for participation in the project)
- 4 Receive confirmation and make a provisional class schedule

Ages: 10 to 18

WHO IS ELIGIBLE FOR ASSISTANCE?

- ✧ Children and adolescents living in orphanages, foster homes and crisis centres
- ✧ Children and adolescents from low-income families
- ✧ Orphans and children without parental care
- ✧ Children and adolescents with disabilities
- ✧ Children who are experiencing significant hardships

BECOME A PROJECT HERO!



Are you ready to share useful knowledge, support talented children and teens, and help them find themselves?

Become a School Friend volunteer – a tutor, regional coordinator, guidance counselor, or expert.

VOLUNTEERING IN THE PROJECT

is an opportunity to develop your professional and personal qualities:

- ✧ Gain practical teaching experience
- ✧ Improve communication, planning, and public speaking skills
- ✧ Receive additional training in working with a variety of children and adolescents
- ✧ Complete practical training for your university course and receive letters of appreciation
- ✧ See how your peers rated your curriculum
- ✧ Receive pleasant bonuses from one of the project's partners – “Another Thing”

HOW TO BECOME A VOLUNTEER?

- 1 Fill out the registration form on the project's VK group page:

vk.com/schoolfriend_roscongress

- 2 Pass an interview with a project supervisor
- 3 Take a test to assess your skills and see what kind of group you would be comfortable working with
- 4 Receive confirmation and draw up a work schedule

WHO CAN GET HELP?

- ✧ College and university students in their second or subsequent years of study
- ✧ Current and former teachers of schools, colleges, and universities
- ✧ Representatives of other professions whose experience and skills may contribute to the creative and intellectual development of children and adolescents

OUR PARTNERS



Russian student teams of St. Petersburg

Assist in recruiting tutors and
provide informational support



National Academy of Continuing Professional Education

Holds classes for volunteers to prepare
training programmes to work with
children with disabilities



The Good Hare Inclusive City Project

Developed a training course
for service providers to help
create an inclusive community
environment.



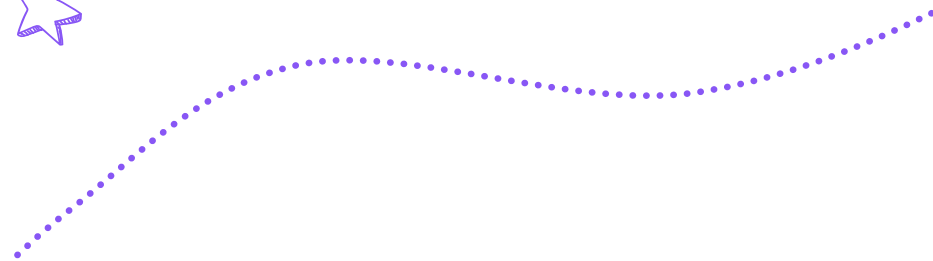
Center for Supporting Families in Difficult Life Situations

Holds free courses in school subjects
for children from low-income families,
orphans and refugees. The Center has
formed an all-Russian movement
called "Pedagogy Volunteers"
(500+ volunteers).



Duchenne Muscular Dystrophy Children's Charity Fund

The Foundation's beneficiaries
are students of "School Friend"



LET'S BE FRIENDS!



Contact us to become part of the School Friend project:



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programme curator



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